



Strength

Calendar

TODAY



February 2018



Month



Sun

28

Mon

29

Tue

30

Wed

31

Thu

Feb 1

Fri

2

Sat

3

Off

BFS Program  
Week 3

330-430pm  
BFS Program

230-330pm  
BFS Program

off

230-330pm  
BFS Program

off

4

Off

330-430pm  
BFS program  
Week 4

330pm-430pm  
BFS Program

230-330pm  
BFS Program

8

off

230pm-330pm  
BFS Program

10

off

11

Off

330pm-430pm  
BFS Program  
Week 5

330pm-430pm  
BFS Program

230pm-330pm  
BFS Program

15

off

230pm-330pm  
BFS Program

17

off

18

Off

Off  
President's day

330pm-430pm  
BFS Program  
Week 6

230pm-330pm  
BFS Program

22

off

230pm-330pm  
BFS Program

24

off

25

Off

330pm-430pm  
BFS Program  
Week 7

330pm-430pm  
BFS Program

230-330pm  
BFS Program

Mar 1

off

230pm-330pm  
BFS Program

3

off

